



1514 5th Ave, Moline, IL
309.797.6966

<http://cafefresheateryandwinebar.com/>
DELIVERY GO TO MYTOWN2GO.COM

cafe fresh

HOURS:

Monday - Friday 11am - 1pm
Wednesday - Friday 4pm - 6:30pm
Saturday 3pm - 6:30pm

• starters •

cream cheese pickles

our signature dill pickle smothered in cream cheese, rolled in a thinly sliced deli meat cut into bite sized pieces for your enjoyment. side 4 | platter 9

guacamole & chips

freshly made all day long! side 4 | platter 9

blackened tuna

sushi grade, served rare with a wasabi ranch, and pickled ginger 14

fruity chicken pint

chunky chicken prepared with diced red onion, celery, apples & grapes tossed with our sweet dressing blend. topped with sugared pecans 14

dips (pint size)

guacamole 16 • spin dip (cold) 18 • red pepper hummus 18
salsa 7 • blue chips 5

• from the garden •

all salads start with a bed of our crisp romaine lettuce mix

the skinny salad

shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime and spices.
wanna keep it skinny? stick with the fresh squeezed lime and spice 10
veggie 10 | chicken 12 | blackened tuna 20 | blackened salmon 18

fiesta salad

topped with black beans, cheddar cheese, pico de gallo, guacamole, grilled bell peppers and onions, tortilla strips, served with jalapeno ranch 12
chicken 13 | steak 14 | jumbo shrimp 16

the bruschetta

tossed with our house made balsamic dressing, feta, black olives, red onion, tomato, served with a garlic crisp 11 | chicken 12 | jumbo shrimp 16 | blackened salmon 18

• soups •

bowl 5 quart 18

chicken enchilada

our signature soup, full of chicken, black beans, corn, zucchini, tomato and topped with crispy tortilla strips and sour cream. if you like a little kick of spice you'll love this!

red pepper gouda

vegetarian, creamy & full of flavor, served with house made croutons

• wraps •

served with choice of sea salt or jalapeño chips or choose soup, side salad, or signature side [52 more]

quesadilla wraps

melted chihuahua cheese, wrapped in a warm flour tortilla served with fresh salsa and chips. cheese 10 | chicken 12 | chipotle chicken 12
black bean & pico 12 | carnitas 12 | steak 12

fruity chicken - try it as a wrap 12 or salad 12

chunky chicken prepared with diced red onion, celery, apples & grapes tossed with our sweet dressing blend. topped with sugared pecans

the skinny wrap

romaine lettuce, shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime and spices in a tomato tortilla. a house favorite! 10 | chicken 11.5

fiesta

the party all starts with a fiesta spinach artichoke cream cheese, romaine lettuce, pico de gallo, cheddar cheese, salsa, black beans, pickled jalapeños and tortilla chips in a tomato tortilla 10.5 | chicken 12 | steak 13 | shrimp 13 | carnitas 12

b.l.t.g

bacon, lettuce, tomato, guacamole & mayo in a spinach tortilla or lettuce wrap 11

the veggie

fiesta spinach artichoke cream cheese, shredded carrots, cucumber, bell pepper, tomato, sprouts in a tomato tortilla or lettuce wrap 10.5

asian

cabbage blend, red bell peppers, cilantro, carrots, chow mein noodles, cashews, tossed in a sesame ginger dressing, in a spinach tortilla 11 | chicken 12 | steak 13 | shrimp 13

• sandwiches •

cuban melt

slow roasted pulled pork, grilled ham, bacon, melted swiss, dijon mustard mayo, finished with a dollop of guacamole, on a brioche bun, served with a pickle spear 14

fruity chicken sandwich

chicken salad made with red onion, celery, apples, grapes tossed in a sweet dressing blend - romaine, cucumber, sprouts & sugared pecans on wheat berry bread. 12

blackened tuna sandwich

sushi grade tuna served rare, blackened, on a brioche bun, topped with avocado & sprouts, served with wasabi ranch 14

the melt

melted swiss, mayo, on a brioche bun. choose ham or turkey 10.5 have it in a pita! [\$.50 more] add bacon [\$2 more]

• fajitas •

served with a grilled jalapeño pepper, fresh lime, pico de gallo, guacamole, cheddar cheese, sour cream, salsa and choice of flour, corn tortillas, or lettuce leaves

sizzling hot and full of flavor! your choice of meat or veggies served atop a bed of grilled bell and poblano peppers and red onion 12
chicken 14 | jumbo shrimp (3) 18 | chicken chipotle 16 | steak 16 | carnitas 16

• tacos •

tacos served with choice of chips and salsa or chips and guacamole.

shrimp tacos

3 corn tortillas, filled with grilled shrimp, pico de gallo, guacamole, served with chipotle sauce 14

fish tacos

warm corn tortillas, black bean spread, grilled tilapia, topped with our sriracha slaw 12

• pick two lunch •

Pick two lunch 11am-1pm
choose a half wrap or half salad from below & enjoy with soup, choose:
chicken enchilada or red pepper gouda soup \$11.25

wraps

quesadilla wraps

melted chihuahua cheese, wrapped in a flour tortilla & served with fresh salsa
choose: chicken, chicken chipotle, carnitas, black bean & pico

b.l.t.g.

bacon, lettuce, tomato, guacamole, mayo in a spinach tortilla

the skinny

romaine, shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime & spices in a tomato tortilla

the skinny chicken

chicken, romaine, shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime & spices in a tomato tortilla

veggie

fiesta spinach artichoke cream cheese, shredded carrots, cucumber, bell peppers, tomato, & sprouts in a tomato tortilla

salads

the skinny

romaine lettuce, shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime and spices.

wanna keep it skinny? Stick with the fresh squeezed lime and spice

the skinny chicken

chicken, romaine, shredded carrots, cucumber, tomato, avocado, sprouts, fresh squeezed lime & spices

fruity chicken

chunky chicken prepared with diced red onion, celery, grapes & apples tossed with our sweet dressing blend topped with sugared pecans

• little sprouts •

served with choice of one side: chips, pickle, apple, orange
10 and under please

pb&j 6

chicken & cheese

quesadilla 7

cheese quesadilla 7

grilled chicken strips 8

served with mango-pineapple sauce

• cupcakes •

dozen minis: chocolate • red velvet • carrot.
(These are packed as assorted boxes) 15

jumbo cupcakes 4

chocolate • red velvet • carrot

• drinks •

fountain drinks (24oz)

coke • diet coke • mellow yellow • sprite • fresh brewed ice tea

1/2 gallon kombucha 18

Flavors: mango tango • summer breeze • blueberry pomegranate • strawberry tumeric

1/2 gallon sangria 60

6 pack of bottle beer 12

bud • bud light • coors light • mich ultra • mich ultra gold • dos equis lager
stella cidre • angry orchard • corona • corona extra • pacifico • miller lite
heineken • bon & viv seltzer black cherry • goose island solo ipa • light sky blue moon

Want a unique beer selection check out Central Store
1810 5th aveune, moline, il - (309) 524 - 4054

• wines •

white wines

- 1. pinot grigio**
coastal vines | california 6 | 21
peach, melon, citrus, tropical fruits, light & round
- 2. pinot grigio**
riff/ italy 8 | 28
fresh, crisp, vibrant, bright acidity
- 3. sauvignon blanc**
coastal vines | california 6 | 21
pineapple, lemon, green apple, bright
- 4. sauvignon blanc**
tiki | new zealand 8 | 28
intense, minerals, gooseberry, lemongrass
- 5. chardonnay**
coastal vines | california 6 | 21
bright fruit, citrus, slightly creamy
- 6. chardonnay**
hess | california 9.5 | 34
burgundy style, dijon clones, lemon, lychee, green apple
- 7. chardonnay**
seabiscuit ranch | california 4 | 40
from vineyards of famous racehorse, reserve style, sophisticated

sweet white wines

- 8. riesling**
brotherhood | new york 8 | 28
america's oldest winery, layers of fruit, semi sweet

blush wines

- 9. white zinfandel**
coastal vines | california 6 | 21
red berry, subtle nutmeg and clove, sweet blush

sparkling wines

- 22. prosecco**
alexa | italy 8
persistent effervescence, clean and delicate. perfect starter
- 23. moscato d'asti**
bricco riella | italy 8 | 28
sparkling, lush, sweet, loads of peach and spice

red wines

- 10. pinot noir**
coastal vines | california 6 | 21
soft, vibrant raspberry and cherry, luscious tannins
- 11. pinot noir**
left coast cali's "cuvee" | oregon 10 | 36
supple, graceful, brimming blueberry, currant, coffee
- 12. shiraz**
mcwilliams | australia 7 | 24
mulberry fruit, mocha, caramel, toasty, spicy oak
- 13. malbec**
laberinto | argentina 8 | 28
rich, black fruits. medium-bodied
- 14. cabernet sauvignon**
coastal vines | california 6 | 21
approachable, rich and ripe summer fruit

red wines (cont.)

- 15. cabernet sauvignon**
silverpeak | california 9.5 | 34
cherry, raspberries, chocolate, polished, dry
- 16. cabernet sauvignon**
truchard | california 6 | 62
best of cool southern napa region, elegant boutique
- 17. cabernet sauvignon**
smith-madrone | california 8 | 80
true mountain red, complex, integrated, balanced
- 18. merlot**
coastal vines | california 6 | 21
soft, strawberry, red cherry
- 19. merlot**
compass | california 9 | 32
perfect napa merlot, silky, firm fruit
- 20. zinfandel**
regio | california 8 | 28
old vine/deep blackberries

red blend wines

- 21. friends.red**
sonoma country | california 9 | 32
merlot, zinfandel, and syrah blueberry, warm spice with flavors of ripe berries, red plum, hints of vanilla and black pepper spice. approachable & smooth



Gift cards always available & we can mail them!

Please call 309.797.6966

We will take your order & process your payment on the phone. We are setting things in the front with names for pick up. We are doing the no contact thing, we are so sorry!!! We miss ALL of you!

Thank you for your support during this crazy time for all!
Be safe & Well!

♥ Amanda & the Fresh team

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Delivery go to Mytowntogo.com

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